



Prairie Provident Announces Election of Directors

Calgary, Alberta – May 17, 2019 – Prairie Provident Resources Inc. ("Prairie Provident" or the "Company") announces that, at its annual and special meeting of shareholders held May 16, 2019, the seven nominees set out in the Company's information circular dated April 5, 2019 were elected as directors. Detailed voting results on the election of each nominee are set out below.

Director Nominee	Votes For	Percent	Votes Withheld	Percent
Patrick McDonald (Chair)	80,760,615	80.2	19,886,883	19.8
Terence (Tad) Flynn	80,787,403	80.3	19,860,095	19.7
Tim Granger	81,160,577	80.6	19,486,921	19.4
Derek Petrie	80,987,170	80.5	19,660,328	19.5
William Roach	80,769,518	80.2	19,877,980	19.8
Ajay Sabherwal	80,788,091	80.3	19,859,391	19.7
Rob Wonnacott	80,788,441	80.3	19,859,041	19.7

About Prairie Provident

Prairie Provident is a Calgary-based company engaged in the exploration and development of oil and natural gas properties in Alberta. The Company's strategy is to grow organically in combination with accretive acquisitions of conventional oil prospects, which can be efficiently developed. Prairie Provident's operations are primarily focused at the Michichi and Princess areas in Southern Alberta targeting the Banff, the Ellerslie and the Lithic Glauconite formations, along with an established and proven waterflood project at our Evi area in the Peace River Arch. Prairie Provident protects its balance sheet through an active hedging program and manages risk by allocating capital to opportunities offering maximum shareholder returns.

For further information, please contact:

Prairie Provident Resources Inc.
 Tim Granger
 President and Chief Executive Officer
 Tel: (403) 292-8110
 Email: tgranger@ppr.ca
 website: www.ppr.ca